

FEBRUARY 2026

PSYCLE_{MT}

SUN	MON	TUES	WED	THURS	FRI	SAT
1 THE SUNDAY BURN 9AM MARTI	2 CLIMB45 5:30PM LIZ	3 NO CLASS	4 STRENGTH45 9AM MICHELLE ARMS&BOOTY 5:30PM MARTI	5 NO CLASS	6 BOOTY BURN 9AM PAIGE	7  PSYCLE45 + SAUNA SAUNA/COLD PLUNGE @ CABINS AT BLACKTAIL \$13 ADD-ON 9AM ASHLEY
8 SUPERBOWL SUNDAY HITS 10AM PAIGE	9 TRAINING 6:30-7:45PM CORE45 5:30PM LIZ	10 NO CLASS	11 CLIMB45 9AM PAIGE ROM COM SOUNDRACKS 5:30PM MARTI	12 NO CLASS	13 STRENGTH45 9AM MARTI	14 ERAS OF LOVE 9AM ASHLEY
15  GALENTINE'S GLOW RIDE 10AM MARTI	16 TAKE ME BACK TO 2016 5:30PM LIZ	17 NO CLASS	18 STRENGTH45 9AM MICHELLE ARMS&BOOTY 5:30PM MARTI	19 NO CLASS	20 PSYCLE45 9AM PAIGE	21 CLIMB45 9AM PAIGE
22 THE SUNDAY RESET 10AM ASHLEY	23 BOOTY BURN 5:30PM LIZ	24 STAND FIRM: A WORSHIP RIDE 6:00PM MICHELLE	25 PSYCLE45 9AM PAIGE STRENGTH45 5:30PM MARTI	26 NO CLASS	27 CLIMB45 9AM MARTI	28 POP HITS VS PUNK ROCK ANTHEMS 9AM MICHELLE
M1 THE BRUNCH BURN (MIMOSAS POST-SWEAT!) 10AM MARTI	M2 STRENGTH45 5:30PM MICHELLE	M3 NO CLASS	M4 BDAY RIDE 9AM MARTI ARMS&BOOTY 5:30PM LIZ	M5 NO CLASS	M6 CLIMB45 9AM PAIGE	M7 BOOTY BURN 9AM ASHLEY

SIGN UP FOR CLASSES AT [PSYCLEMT.COM](https://psyclemt.com) OR VIA THE MOMENCE APP.

Please cancel within 8 hours of class. | Class full? Join the waitlist! | Rental Shoes \$2