

MARCH 2026

PSYCLE_{MT}

SUN	MON	TUES	WED	THURS	FRI	SAT
1 THE BRUNCH BURN (MIMOSAS POST-SWEAT!) 10AM MARTI	2 CLIMB45 5:30PM MICHELLE	3 NO CLASS	4 BDAY RIDE 9AM MARTI ARMS&BOOTY 5:30PM LIZ	5 NO CLASS	6 CLIMB45 9AM PAIGE	7 BOOTY BURN 9AM ASHLEY
8 BOSS BABES ON BIKES INTL WOMENS WEEKEND 10AM MICHELLE	9 CLIMB45 9AM MICHELLE CORE45 5:30PM LIZ	10 NO CLASS	11 BOOTY BURN 5:30PM MARTI	12 NO CLASS	13 STRENGTH45 9AM MARTI	14 THEME RIDE TBA 9AM PAIGE
15 THE SUNDAY RESET 10AM MARTI	16 STRENGTH45 9AM MICHELLE CLIMB45 5:30PM LIZ	17 NO CLASS	18 STRENGTH45 5:30PM MARTI	19 NO CLASS	20 PSYCLE45 9AM PAIGE	21 CLIMB45 9AM MARTI
22 THE SUNDAY RESET 10AM ASHLEY	23 PSYCLE45 9AM MICHELLE MTV SPRING BREAK RIDE 5:30PM LIZ	24 NO CLASS	25 ARMS&BOOTY 5:30PM MARTI	26 NO CLASS	27 CLIMB45 9AM MARTI	28 COMEBACK RIDE 9AM ASHLEY
29 THE BRUNCH BURN (MIMOSAS POST-SWEAT!) 10AM MARTI	30 CLIMB45 9AM PAIGE TBA: A WORSHIP RIDE 6:00PM MICHELLE	31 NO CLASS	A1 STRENGTH45 5:30PM ASHLEY	A2 NO CLASS	A3 CLIMB45 9AM PAIGE	A4 PSYCLE45 9AM MARTI

SIGN UP FOR CLASSES AT PSYCLEMT.COM OR VIA THE MOMENCE APP.

Please cancel within 8 hours of class. | Class full? Join the waitlist! | Rental Shoes \$2